Mental Health Awareness Week
13-19th May 2019

Mates in Mind is here to support you to:

• Think about mental health
• Talk about mental health
• Tackle mental health

#LetsTalk

Mates in Mind encourages organisations to promote positive mental health across their workplace.

support@matesinmind.org
020 3510 5018
Twitter @matesinmind
Facebook.com/MatesinMind

www.matesinmind.org