

Mates in Mind closes apprentices' mental health survey



After launching 12 weeks ago in April 2019, Mates in Mind closed its online survey of apprentices in early June and announced the winner of the draw. This survey has sought to gather Apprentices' views and opinions on mental health and we were delighted to have recorded 550 responds.

Mates in Mind's [Director of Strategy Joscelyne Shaw](#) commented:

"We would like to extend our thanks to all who took the time to complete our survey, as well as our Supporters who promoted it across their workforces and our Partners who circulated it across the wider sector. We have been very pleased to have had more than 500 complete it."

We have now begun work to assess the results which will help to inform and support our ongoing work to improve mental health awareness and understanding. We will in due course be looking to deliver pilot training to Apprentices on mental health, as part of our work that is supported by B&CE's Charitable Trust Mowlem Award which we were recipients of in 2018.

"We will also be sharing some of the key findings of our survey and this work in due course."

Mates in Mind is pleased to announce an Apprentice at [Crest Nicholas' Louis Davey](#), as the winner of the survey's prize draw of £250 Amazon voucher.

On receiving his vouchers, Louis said:



"When I saw my HR Manager send through the survey, I thought it was a great opportunity to share my thoughts on mental health within construction. The industry has come a very long way, however certain things have been left behind and I feel mental health is one. Mental health is a huge underlining issue which is spread across the industry affecting loads of people every single day. This is not just as simple as having a bad day - mental health is something which can lead much worse issues, such as an alcohol and drug misuse, which not only impacts a single person but can put the entire work force at risk. Fighting mental health is such an important action which everyone needs to do, it is ok not to be ok!"

END

Notes to editor

[About Mates in Mind](#)

1. Mates in Mind is a registered charity working in the UK that aims to provide clear information to employers on available support and guidance on mental health, mental illness and mental wellbeing, and how they can address this within their organisations. Mates in Mind looks to make sense of what options and support are available to employers wishing to promote improved mental health within their workforce.

2. To take the survey or share its amongst your apprentices, you can visit the Mates in Mind website or follow the survey link directly here: <https://www.surveymonkey.co.uk/r/matesinmind-apprentices>
3. Mates in Mind are offering apprentices the opportunity to win £250 of Amazon vouchers to one lucky apprentice participating in the survey.
4. Mates in Mind is a collaboration of founding partners: Health in Construction Leadership Group and British Safety Council and is supported by core partner charities Mind, Samaritans, Mental Health First Aid (MHFA) England and Inspire. It is also supported by construction industry charities and bodies and has various Mates in Mind business champions, including: Balfour Beatty; eight2O; Galliford Try; Mineral Products Association; RSE Group; Sellafield; Tarmac; and Tideway. Quotes of support from these organisations are available on request.
5. Mates in Mind was the result of a Health in Construction Leadership Group summit in early 2017 for construction industry CEOs and senior leaders who voted overwhelmingly to improve the mental wellbeing of its workforce. At an event in January 2017, Mates in Mind was launched, and the pilot phase was started. Mates in Mind was featured in the *Thriving at Work* report published in October 2017.
6. More details on Mates in Mind is available at: www.matesinmind.org
7. Mates in Mind must only be referred to in acronym form as MinM.

Mates in Mind's networks

Website: www.matesinmind.org

Twitter: [www.twitter.com/matesinmind](https://twitter.com/matesinmind)

Facebook: www.facebook.com/matesinmind

LinkedIn group: www.linkedin.com/company/matesinmind

Media requests

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